

E Street Eyes
Dr. Jeffrey Anshel
128 West E Street
Encinitas, CA. 92024

February 17, 2020

Stephen,

Thank you for the opportunity to review your recent invention, Eye Yoga. I had a chance to charge it up and go through the eye exercise program and found it very interesting.

I especially appreciated the “smart glass” technology that allows the participant to view objects that are in the distance while still wearing the device. This coincides well with my “20/20/20” recommendation to have people relax their focusing while taking short breaks from display screen viewing.

The techniques you include are similar to the general eye exercises I recommend for people who experience eyestrain in many situations. Thus, I wholeheartedly support your product as a useful and unique way for computer users to reduce their visual stress while using display screens.

I would be glad to endorse your venture.

All the best

A handwritten signature in black ink that reads "Jeffrey Anshel, OD". The signature is written in a cursive style with a large, stylized 'J' and 'A'.

Jeffrey Anshel, OD, FAAO